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### New Client Intake & Psychosocial History

***\*\*Please take the time to complete this form prior to your appointment. Please respond to all questions.\*\****

**Client Name:** \_\_\_\_\_

**Today's Date:** \_\_\_\_\_

**Education:** \_\_\_\_\_ **Occupation:** \_\_\_\_\_ **Employer:** \_\_\_\_\_

**Relationship Status:** \_\_\_ Single \_\_\_ Committed Relationship \_\_\_ Married \_\_\_ Separated \_\_\_ Divorced \_\_\_ Widowed

**Please describe any issues, problems, hopes, concerns or questions that bring you into therapy at this time.**

**How have you approached these issues recently or in the past?**

**What are your goals or hopes for therapy? What would you like to change?**

**Psychological treatment history (outpatient therapy, inpatient treatment with dates)**

**Psychotropic Medications**

**Current**

**Past**

**Any substance use or abuse (type, amount, frequency)**

**Current use**

**Previous use**

**Intervention, treatment, rehab, 12-step programs**

**Significant medical concerns/conditions (Past and current)**

**Significant family medical history**

**Briefly note the most important or formative events of your life (from early childhood through the present)**

**Family history of psychological difficulty or mental illness, medication, treatment**

**Describe current family relationships and other significant relationships**

**Significant romantic/sexual relationships (length of relationship, problems or strengths)**

**Children?**

**Have you experienced abuse or trauma of any sort? (e.g., sexual, physical, emotional abuse, domestic violence, other trauma)?**

**Current living situation / Describe your current home life**

**School history**

**Work history**

**Spiritual or religious practices or involvement in any faith tradition, past and present**

**Legal history?**

**History of violence or anger management difficulties?**

**History of suicidality or other self-harming behaviors?**

**In what ways do you take care of yourself? What are your best coping strategies?**

**What are your strengths?**

**Your interests?**

**Anything else you'd like to share?**

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**Signature**

**Date**